

## YOUR LOCAL COMMUNITY ACTION AGENCY



### SENIORS

With a very active Seniors population in our area we have many great programs to service them. Our Trent St. and Thorn St. centers in Princeton, along with our Bluefield site on Stadium Dr. serve a nice hot lunch, Monday thru Friday, along with the opportunity to enjoy a variety of activities such as bingo, exercise, crafts, trips and many more special events. Other Senior services include home delivered meals, care giver relief, personal-in-home care and transportation. We are dedicated in providing care and services that assist in maintaining a good quality of life. Please call: 304-425-7111

**Oct. 6<sup>th</sup> Senior Expo at Brushfork Armory**, 9:00am Doors Open, 10:00-11:00am Bingo, 11:00-11:30 CASE COUNTRY KICKERS LINEDANCERS, 11:30-Noon Aladdin Cooking Demonstration, Noon-12:45pm Sounds of Maggie and Tim, 12:45-1:15pm Princeton Health & Fitness Dancers, 1:15-2:00pm Melissa McKinney's Musical Melodies, 2:00-3:00pm Bingo

**Oct. 14<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>, & Nov. 4<sup>st</sup>, Diabetes Class**, 1:30pm-3:30pm, please pre-register for class. Ask for Debbie Richardson (First 20 to Register, you must attend all 4 sessions)

**Oct. 15<sup>th</sup> – Dec. 7<sup>th</sup> Open Enrollment for Medicare Part D**, please call and make an appointment. Ask for Debbie Richardson

**Oct 26<sup>th</sup> Fall Festival and Free Health Screenings**, Starts at 8:30-10:30am visit the Vendors and Free Health Screenings, 10:30 Welcome, 10:35-11:25am Costume & Pumpkin Contest, 11:25am Prayer, 11:30-12:30pm Lunch, 12:30-1:30pm Bingo

**Nov. 9 Veterans Day Luncheon**, 10:30am recognize our Veterans 11:00am Flag Folding Ceremony by the Marine Corps League, 21 Gun Salute and Taps by Mercer County Veterans Council

**Nov. 16 Thanksgiving Dinner**, 10:30am Entertainment and 11:30am Lunch

**Dec. 21 Christmas Dinner**, 10:30am Entertainment and 11:30am Lunch

**BLUEFIELD SENIOR FRIENDS SCHEDULE OF EVENTS**  
**CALL: 304-327-2450**



**Have A Very Blessed Holiday!**

[08]