As many of you know, CASE WV provides a variety of programs, meeting the needs of families in a number of ways. Rodney and Jamie Gilley are a young family that have been able to utilize two such programs.

When the Gilley family approached our Housing Program, they were a family of 4 in a big house. They had a particular home in mind that had been constructed by CASE WV through our Community Housing Development Organization funding; a 3 bedroom, 2 bath, newly constructed home with an attached garage. They were pleased to hear they qualified and Mr. and Mrs. Gilley began the process of buying their first home. This particular program required the family to obtain primary financing through a qualified lender, and our agency would provide “gap” financing and closing costs to ensure affordability. In February of last year this young family became homeowners.

During the home buying process, they shared the good news of their growing family, and the Housing staff referred them to our Early Head Start program.

Story continues on page 3
Executive Director’s Message: Oraetta Hubbard, Executive Director

Hello, Goodbye, I’m Late, I’m Late, I’m Late please accept this passage from our Director of Senior Service, Sandy Graham

It is spring in South Eastern WV, the best place in the USA to enjoy the season. Are you tired of staying inside your house? Are you still struggling to lose those holiday pounds? I know I am. Why not plan an outing to one of the CASE WV Commission on Aging sites for an exercise class and a balanced but delicious meal. Our main site located at 605 Trent Street in Princeton has an exercise program every week day morning. The classes target arthritis pain, balance, movement and most of all having fun while toning your body. For more information call the Center at 304-425-7111 and ask our receptionist for the schedule or stop by the Center and pick-up a schedule. Join us for exercise and lunch. You will also learn about all of the other important services CASE WV COA provides to our 60 years of age or older population in Mercer County.

We need your Feedback

For over fifty years Community Action of South Eastern West Virginia has been assisting the community in becoming more prosperous and vibrant. The many programs offered by the agency have been tailored to fit specific needs identified by the community itself. With this tradition of community involvement, CASE WV once more asks the community to take part in helping us make the agency better.

Change is an inevitable factor that must be addressed for the continued prosperity of the community. It is now time for us to take a closer look at the community we live in and decide our direction from here. Enclosed in this newsletter is a Community Needs Survey. Please take the time to fill out this information. It will provide us with the critical information needed to make sound decisions and the future of this great agency and our community as a whole.

Once you have completed the survey, please feel free to bring it to any CASE WV location. Staff has been instructed on how to get the survey to where it will be reviewed. The survey is also available online at www.casewv.info and www.casewv.org. Please remember that there will be a drawing for a gift card at the end of the survey process, so please include your name and contact information if you would like to be entered into the drawing. There is also a place to indicate you would like to be contacted by a member of CASE WV staff.

Once more we would like to thank you all for your continued support and participation if you would like to be entered into the drawing. There is also a place to indicate you would like to be contacted by a member of CASE WV staff.

About Us: CASEWV is your local community action agency providing services that improve the quality of life for our residents through our various programs. With over 250 professional employees and offices in Mercer, Summers, Monroe and Raleigh counties, we serve over 8,000 families and individuals per year. Our annual budget of approx. $10,000,000 not only helps our citizens, but stimulates our local economy through employment, ownership of properties and the accomplishments of the programs themselves. We are one of the three ten employee agencies in the county. With services ranging from pre-natal to seniors, our directors facilitate these programs at our state-of-the-art locations. Governed by a Board of Directors, we have established an excellent record of local, regional and national partnerships. We have been serving southeastern West Virginia since 1964.

Just In CASE WV  Page 2

THE PROMISE OF COMMUNITY ACTION

Community Action changes people’s lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.

Continued - CASE WV Working Together is Success

The Early Head Start Model was a new program combining Family Partnerships, Education and Group Socialization components. CASE WV “partners” with the families in their homes to provide support, and to assist in the establishment of family goals, child development and education. Our home visitors, working together with parents, have a series of experiences designed to meet the individual needs of each child. This assists parents in understanding ways to help their children develop, learn and enhance school readiness. In addition to in home activities, families participating in the Early Head Start Model have access to and are encouraged to participate in Group Socializations provided twice each month. This group gathering gives parents the opportunity to talk with other parents that may be having some of the same struggles and gives the children an opportunity to play with other children their age.

At the end of 2015 Mrs. Gilley had the following reflection upon their year: “As I say goodbye to 2015, I think about all the wonderful memories that it has given me. I welcomed my second baby girl into the world this year. I celebrated my oldest daughter’s second birthday. My husband and I bought our first house! I FINALLY got my license. And just got a job at Rescue!! God is good! Can’t wait to see what 2016 brings me.” CASE WV is happy to be a part of this family’s success in striving to become self-sufficient. They love having a safe home for their children, new friends made through the programs, and the encouragement and self-confidence these programs have provided.

ATTENTION BUSINESS OWNERS!

Call 304-324-0450 x1302
Book Your Conference or Meeting
@ Our State of the Art
Video Facility & Conference Center
Or
8 Monitor Computer Lab
audio/visual equipment also available
YOUR LOCAL COMMUNITY ACTION AGENCY

FAMILY DAY CARE FOOD PROGRAM

This is a very exciting opportunity for those 18 and older who provide registered child care in their home. You can receive a check for the meals you feed the children by signing up for the USDA program and following a few simple guidelines. We offer free, in-home training on how to serve nutritious well-balance meals and instructions on the program policy and regulation. The menus are simple. Meals can also be served to provider’s own children if income eligible. Receive monthly payments to help cover the food cost for children in your care. We provide service to the following counties: Mercer, Monroe, Raleigh and Summers

CASE WV – FAMILY DAY CARE FOOD PROGRAM

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GET PAID FOR MEALS YOU SERVE TO YOUR DAY CARE CHILDREN AND EVEN YOUR OWN CHILDREN IF YOU ARE INCOME ELIGIBLE

Food is costly to Provider’s doing Day Care in their homes. The Family Day Care Food Program can help with our FREE Meal Reimbursement Program !!

EASY STEPS TO GET STARTED

1. Call the Family Day Care Food Program: 304-324-0453 OR 1-877-715-6401
2. Answer a few questions to determine your participation with the food program
3. Meet our representative to discuss how to prepare meals according to USDA guidelines, document the meals you serve and submit your monthly paperwork to receive payment. JOIN OUR PROGRAM TODAY !

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NATIONAL CACFP WEEK

Help us spread the word about the Child and Adult Care Food Program! When we all join forces and pull together, the message we provide is stronger and will receive more attention.

“RAISING AWARENESS ACROSS THE NATION”

Child & Adult Care Food Program (CACFP)

Working to combat hunger and bring healthy foods to the table for adults in day care and children in child care homes, centers, and in afterschool and summer feeding programs across the country.


Child care providers and centers participating in CACFP provide meals to 3.5 million children and 116,000 elderly or disabled adults each day for a total of 1.46 billion total meals and snacks.

CACFP: An Indicator of Quality Childcare

Learn More Find A Sponsor www.cacfp.org
HEAD START/ EARLY HEAD START

This nationwide program is for children ages 0-5 and at risk pregnant women in Mercer and Summers Counties. The program provides comprehensive services to low income children and families as well as prepares children for kindergarten. We also offer early learning opportunities and activities through Creative Curriculum. The program provides services to children with disabilities, links families to community resources, transportation to and from school, and provides screenings and nutritious meals to all participants. To enhance school readiness, each child is given individual assistance to develop their physical, mental and emotional skills. For more information, call 304-487-5770. We have open enrollment!

CASE WV Early Head Start Home Based Option Touching Lives

Are meaningful relationships truly formed through the CASE WV Early Head Start Home Based program option? The answer is a resounding YES!! The following story is just one example of the strong relationships that can be formed through home visitation.

Over the course of the past year, a home visitor with the Early Head Start Home Based option faithfully visited her family each week. Her family looked forward to each visit and gradually the professional relationship turned to one of trust and support. Through these weekly visits, the home visitor was invited into the family’s life and even introduced to extended family members. However, after more than a year in the Early Head Start program, the family moved out of the area. Yet, the mother has kept in touch with the home visitor and recently informed her that her sister, who still lives in the area, was expecting a new baby. Her sister has requested Early Head Start Home Based services and asked that they be assigned the same home visitor.

Upon learning the news, the home visitor contacted the new family and arranged to begin the application process for entry into the program. During this process, the mother went into labor. The home visitor went to the hospital to support the mother and was invited to stay and serve as a labor coach. She even helped cut the umbilical cord!! And through her presence, she was able to send text message updates and pictures of the brand new baby to mom’s sister, who is now living out-of-state. The new family truly appreciated having the home visitor there and is looking forward to being a part of the Early Head Start Home Based program option.

For more information on enrolling in the Early Head Start Home Based program option, contact CASE WV Head Start/Early Head Start at 304-487-5770.

Good News!

In January 2015, the CASEWV Head Start / Early Head Start Program received an Early Head Start – Child Care Partnership Grant for $849,611. The purpose is to partner with local child care centers to serve 56 children birth-3 in the Early Head Start program!

Now Hiring!

Substitute Bus Drivers
Substitute Cooks
Substitute Teachers

Stop by Human Resources on the 3rd floor of 307 Federal St, Bluefield, WV for an application.
With a very active Senior population in our area we have many great programs to service them. Our Senior Nutrition sites serve a hot lunch, Monday thru Friday, along with the opportunity to enjoy a variety of activities such as bingo, exercise class, crafts, trips and many more special events. Other Senior Services include home delivered meals, caregiver relief, personal-in-home care and transportation. We are dedicated in providing care and services that assist in maintaining a good quality of life. Please call:

304-425-7111

Happy Hearts Day and Free Health Fair
Happy Hearts Day will be on February 10, 2016, 8:30am-2:30pm. We will have two special speakers, Dr. Sunil Dhar, MD Interventional Cardiologist from Bluefield Regional Medical Center, and Jenni Stamper from CCOA. Entertainment will be Calvarys Call a gospel group and the CASE Swinging Seniors Line Dancers. We had around 20 vendors signed up to attend the event, they will bring in food for the morning and do a variety of Free Health Screenings. The vendors also bring in door prizes, bingo gifts and many hand outs. First Century Bank will crown the Valentine King and Queen, and they will be making free Valentine Photo for all of the seniors.

MARK YOUR 2016 EVENT CALENDAR!
Easter Dinner
March 23, 2016—10:30am-12:30pm
Don’t forget to wear your Easter Bonnet

AAA Mature Driver Class
April 19, 2016—9:30am-4:00pm
Registration form at CASE Commission on Aging
Mail forms and fee to AAA Allied Group, 4003A College Avenue, Bluefield VA 24605

National Healthcare Decisions Day
Advance Directives/DNR and other Medical Concerns
April, 2016—9:30am-12:30pm

Mother’s Day Luncheon
May 6, 2016—10:30am-12:30pm
Nikki & Buck Ministries Gospel Music

EVENTS SUBJECT TO CHANGE
ALL SENIORS WELCOME

Senior Nutrition Sites for more info call Jenni Stamper 304-425-9104
CASE WV Commission on Aging, 600 Trent Street, Princeton, WV 24740, Phone 304-425-7111
CASE WV Thorn Nutrition Senior Site, 205 Thorn Street, Princeton, WV 24740, Phone 304-431-2882
CASE WV Bluefield Senior Friends, 1780 Stadium Drive, Bluefield, WV 24701, Phone 304-327-2450
TPP has been busy with lots of trainings for our new grant. We had a big kick-off training in December and have had several webinars since then. We’ll be going to two more big events in March and April and will also have a few more webinars in the meantime. We have also added a new educator to our staff, Mr. Chawn Martin. Chawn has proven to be a great addition to our staff and the students really love him.

We participated in the Bluefield, WV Christmas Parade again this year and gave out over 450 small footballs to the kids along the route. The weather was beautiful and there was a huge turnout for the parade.

We taught classes at Montcalm Middle School in January. We are scheduled to do classes at Mt. View Middle School in February. We have Sandy River Middle School scheduled for March and are working on scheduling classes at Pikeview Middle School and Princeton Middle School.

We will be using a new curriculum for our high school classes for this grant cycle. We will have to be trained on the new curriculum before we can start teaching it and hope to have that done soon so we can start on our high schools again. We hope to cover Riverview, Woodrow Wilson, James Monroe and Montcalm high schools this spring.

PROJECT YES

Encouraging our youth in the community to be drug free and to have healthy relationships is the main focus of this program. Actively participating at schools and fairs throughout our area gives our teens an opportunity to learn how to make good decisions while having fun. We also offer seminars for parents to help educate them on teen issues and develop stronger communication skills for a trusting relationship. Servicing Mercer, McDowell, Monroe, Raleigh, and Wyoming counties. Please call: 304-325-2441

YOUR LOCAL COMMUNITY ACTION AGENCY

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Montcalm Middle Doing Role Plays