








CASE WV SENIOR NUTRITION LUNCH MENU- FEBRUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Feb.-1 Sliced Ham, pinto beans, cornbread, turnip greens & Fresh bananas	Feb.-2 Baked Chicken, rice pilaf, steamed carrots & yogurt w/ fruit	Feb.-3 BBQ pork sand. on w.wheat rolls, baked beans, broccoli & applesauce
Feb.-6 Chicken pot pie, tossed salad & cottage cheese w/ peaches	Feb.-7 Chili beans, spinach, corn - bread & strawberries	Feb.-8 Fish sand. on w.wheat bun w/ lettuce & tomato, Brussels sprouts & apricots	Feb.-9 Baked sweet potato, chicken legs, steamed peas & pineapple tidbits	Feb.-1 COOK'S CHOICE 
Feb.-13 Chicken salad on croissants, macaroni salad, cheese cubes & yogurt w/fruit	Feb.- 14 Meatloaf, mashed potatoes, steamed squash & brownie	Feb.-15 Italian sausage w/ onions & peppers, baked fries, steamed corn & spiced apples	Feb.-16 Taco salad, black beans & vanilla pudding	Feb.-17 Hot dogs w/ chili & slaw, potato salad, jell-o cup & nacho chips & cheese dip
Feb.-20 Closed 	Feb.-21 Chicken noodle soup, peanut butter & jelly sand. , crackers & rice krispie treat	Feb.-22 Roasted turkey w/ gravy, baked potato, broccoli & cinnamon applesauce	Feb.-23 COOK'S CHOICE 	Feb.-24 Chicken strips w/ dipping sauce, green beans, sweet potato fries & mixed fruit
Feb.-27 Butter beans, corn bread, mixed greens, tropical fruit salad & fig bar	Feb.-28 Spaghetti w/meat sauce, tossed salad, Italian bread & pears			

*All meals served with 2% milk & W.Wheat bread * * Menu is subject to change *